

APPENDIX A:

ACKNOWLEDGEMENTS



Recovery to Practice (RTP) is the shared vision of forward-looking people from many different disciplines who see recovery as a vital part of personal and system transformation. The project architects recognized the potential peer supporters bring to the recovery process we are grateful that they included peer support as an equal discipline. Those of us who have been involved in this project owe a debt of gratitude to leaders past and present in the recovery and human rights movements who have worked tirelessly for social change and justice so that everyone with a mental health, trauma, or substance use condition can enjoy the same rights and freedoms as everybody else.

Sponsors, Champions, and Partners

We especially want to thank our champions, mentors, and guides within the Substance Abuse and Mental Health Services Administration (SAMHSA): Paolo del Vecchio, Wilma Townsend, and Steven Fry, and RTP project director, Larry Davidson for their ongoing efforts to transform the system from one where recovery is rarely seen to one where recovery is everywhere

We are grateful for our partnership with the Depression and Bipolar Support Alliance (DBSA), especially Lisa Goodale who has been an integral and invaluable part of the RTP NAPS team since the start of the grant. We also deeply appreciate the ongoing direction, support, coordination, and guidance from DSG (Development Services Group), the project management team: Alan Bekelman, Deidra Dain, Cheryl Tutt, and Julie Schaefer.

The collaborative nature of the project has been clearly demonstrated by members of the Recovery to Practice Steering Committee, as well as those in each of the six practice disciplines who have offered inspiration and practical suggestions throughout the design and development of this training.

Major Phases

There were three major phases and different contributors to acknowledge at each phase: The **situational analysis**, the **development phase**, and the **pilot testing phase**. Following are individuals and organizations that made major contributions to the success of this project.

Situational Analysis

Those who contributed to the ***situational analysis*** which became the basis for determining the training content include (alphabetically), Bill Anthony, Peter Ashenden, Dennis Bach, Andy Bernstein, Gayle Bluebird, Lena Caballero-Phillips, Jack Cameron, Jean Campbell, Cathy Cave, Gladys Christian, Laurie Coker, Zack Corcoran, Rita Cronise, Mark Davis, Matthew Federici, Beth Filson, Dan Fisher, Lisa Goodale, Patrick Kaufmann, Ed Knight, Antonio Lambert, Lyn Legere, Chacku Mathai, Daniel O'Brien-Mazza, Jennifer Padron, Mike Roaleen, Anthony Stratford, and Bruce VanDusen. Organizations that aided include (alphabetically): Boston University Center for Psychiatric Rehabilitation, CenterPoint Human Services of North Carolina, Consumer Support Providers of New Jersey (CSP-NJ), Copeland Center for Wellness and Recovery, Depression and Bipolar Support Alliance (DBSA), Mind (Australia), National Association of State Mental Health Program Directors (NASMHPD), National Center for Trauma Informed Care (NCTIC), National Empowerment Center (NEC), New York Association of Psychiatric Rehabilitation Services (NYAPRS), The Hope Concept Wellness Center, The Ohio Empowerment Center, The Recovery Academy of Grand Rapids, The Recovery Center of Hamilton County, The Transformation Center, USPRA, Veterans Administration (VA), ViaHOPE, and the Wisconsin Center for Independent Services.

Design and Development Phase

Based on the situational analysis, a detailed content outline was written by Steve Harrington (project lead writer) with input, through a public invitation process, from (alphabetically): Andy Bernstein, Sara Bobo, Gladys Christian, Dennis Coppola, Jr., Rita Cronise, Sammetta Culter, Anne Dox, Lael Ewy, Melissa Farrell, Milt Geek, Lisa Goodale, Sara Goodman, Debra Kindervatter, Cynde Kinyon, Steve Kiosk, Renee Kopache, Carolyn Kristoff, Antonio Lambert, Lyn Legere, Chacku Mathai, Daniel O'Brien-Mazza, Ed Madara, Kristen Phillips, Yoshita Pinnaduwa, Mark Salzer, John Snape, David Taylor, Violet Taylor, Sandy Tolkacz, Pat Welch, Cindy Wilson, Michael Uraine, and Tina Wydeen.

Next, a draft of the training was created by Steve Harrington with assistance from Rita Cronise, Lisa Goodale, and Lyn Legere. Reviewers included: Gladys Christian, Deidra Dain, Steve Kiosk, Antonio Lambert, Joe Luniewicz, Chacku Mathai, Jim McNulty, and Maria E. Restrepo-Toro.

Pilot Testing Phase

The draft training was field (pilot) tested with a total of 154 participants in five locations: Philadelphia (69 participants), Cincinnati (20 participants), New York City (15 participants), Rochester (22 participants), Syracuse (16 participants), and Grand Rapids (12 participants). Each location provided unique lessons learned, many of which were included in the final draft of the training.

Pilot site sponsors, coordinators, facilitators, and evaluators included (alphabetically): Eric C. Arauz MLER, Ann Canastra, Steve Coe, Sara Columbo, Lynn Chapman, Jan Chavan, Rita Cronise, Kathy Curtis-Rubin, Deidra Dain, Deborah Donohue, Robert Dempsey, Julie Desfosses, Jonathan Edwards, Jason Erwin, Susan Furey, Lisa Goodale, Dennis Green, Sharon Hall, Steve Harrington, Patrick Hayes, Yumiko Ikuta, Ken Jones, Cynde Kinyon, Judy Lombard-Newell, Elizabeth Louer-Thompson, Renee Kopache, Antonio Lambert, Lyn Legere, Heidi Levy, Chacku Mathai, Dwayne Mayes, Brenda Middleton, Pamela Moore, Mike Murphy, Diane O'Brien, Angela Ostholthoff, Alysia Pascaris, Chris Pedoto, Noelle Pollet, Nancy Price, Kathy Roaleen, Mike Roaleen, Diann Schutter, Colleen Sheehan, Val Way, Veronica Weider, and Mary Beth Williams.

Special Thanks

Special thanks go to Community Access (parent organization of Howie the Harp Advocacy Center) and Heidi Levy, who was the coordinator, facilitator, and host for the New York City Pilot.

In November of 2012, Hurricane Sandy hit New York City and flooded the building where the pilot training was scheduled to be held. Heidi Levy spent long hours (during the storm, the aftermath, and through other extenuating circumstances) to make sure the training could still happen in New York City, which finally did take place four months after the originally scheduled date.

Another significant contributor to the cooperative learning method was Noelle Pollet of Heart Circle Consulting, who provided activities and facilitation support from Peace Work, a repertoire of interactive exercises based on twenty years as a volunteer facilitator with the Alternatives to Violence Project (AVP). Noelle collaborated with the curriculum development team to integrate immersion activities intended to “bring alive” the core topics in deeply meaningful ways.

And finally, the lion’s share of success goes to the unwavering vision and dedication of iNAPS Executive Director Steve Harrington and his partner Zack who continue to work (and play) together toward the inclusion of peer support everywhere.

Respectfully submitted with great hope for the future of peer supporters everywhere and all those they support,

Rita Cronise,
iNAPS Instructional Design Consultant

Links

- SAMHSA Recovery to Practice (RTP)
– www.samhsa.gov/recoverytopractice
- Development Services Group (DSG)
– <http://www.dsgonline.com/RecoveryToPractice>
- RTP Steering Committee
-- <http://www.samhsa.gov/recoverytopractice/RTPSteeringCommittee.aspx>
- RTP Discipline Awardees
-- <http://www.samhsa.gov/recoverytopractice/ProfnlDisciplineAwardees.aspx>
- RTP Peer Specialist Situational Analysis and Content Outline
-- <http://rtp4ps.org/curriculum/naps-deliverables/>

Steering Committee

- Nora Barrett, MSW, University of Medicine & Dentistry of New Jersey
- Mary Ann Beall, Fairfax Falls Church Community Services Board
- Carl Bell, MD, Community Mental Health Council (CMHC) and the University of Illinois at Chicago
- Ronald J. Diamond, MD, University of Wisconsin
- Matthew Federici, Copeland Center for Wellness and Recovery

- Michael Flaherty, Ph.D., Clinical Psychologist and Founder, Institute for Research, Education and Training in the Addictions (IRETA), Pittsburgh, PA
- Daniel B. Fisher, MD, PhD, National Empowerment Center
- Philip Floyd, Rockbridge Area Community Services
- Barbara Ford, MPA, Jefferson Center for Mental Health
- Frederick Frese, PhD, Northeastern Ohio Universities College of Medicine
- Robert Glover, PhD, National Association of State Mental Health Program Directors (NASMHPD)
- Kevin Huckshorn, MSN, RN, Division of Substance Abuse and Mental Health (DSAMH) for the State of Delaware
- D.J. Ida, PhD, National Asian American Pacific Islander Mental Health Association
- Dolores Jimerson, MSW, Yellowhawk Circles of Care
- Neil Kaltenecker, M.S. , Advocate for recovery support services
- Barbara Limandri, DNS, Linfield College School of Nursing
- Francis Lu, MD, University of California, Davis
- Pierluigi (Paolo) Mancini, Ph.D., CEO, CETPA
- Steven Onken, PhD, University of Hawaii at Manoa
- Frances Priester, JD, MS, New York State Office of Mental Health
- Eduardo Vega, MA, Los Angeles County Department of Mental Health

Primary Reviewers

- Eric C. Arauz MLER, Arauz Inspirational Enterprises -- <http://ericarauz.com/>
- Maria Restrepo-Toro, Boston University Center for Psychiatric Rehabilitation -- <http://cpr.bu.edu/about/directory/maria-restrepo-toro>
- Joe Lunievicz, Center for Technology and Behavioral Health -- <http://www.c4tbh.org>
- Chacku Mathai, New York Association of Psychiatric Rehabilitation Services -- (NYAPRS) -- www.nyaprs.org
- Jim McNulty, Mental Health Consumer Advocates of Rhode Island (MHCARI) -- www.mhca-ri.org

Major Contributors (alphabetically)

- Boston University Center for Psychiatric Rehabilitation (Zlatka Russinova)
-- <http://cpr.bu.edu/>
- Center Point Human Services (Gladys Christian)
-- <http://www.cphs.org/>
- Community Access (Howie the Harp) Pilot Training (Steve Coe | Alysia Pascaris)
-- <http://www.communityaccess.org/>
- Copeland Center for Wellness and Recovery (Matthew Federici)
-- <http://www.copelandcenter.org>
- MHA Rochester Creative Wellness Coalition (pilot site)
-- <http://www.mharochester.org/Default.aspx?RD=1801>
- Depression and Bipolar Support Alliance (Lisa Goodale)
-- <http://www.dbsalliance.org>
- Envisions of Life (Antonio Lambert)
-- <http://www.envisionsoflife.com/>
- Heart Circle Consulting (Noelle Pollet)
-- <http://www.heartcircleconsulting.com/>
- The HOPE Concept Wellness Center (Magdalena Y. Caballero-Phillips)
-- www.thehopeconcept.com
- Indiana Division of Mental health and Addiction (DMHA) (Bruce VanDusen)
-- <http://www.in.gov/fssa/dmha/4521.htm>
- International Initiative for Mental Health Leadership
-- <http://www.iimhl.com/>
- Missouri Institute of Mental Health (Jean Campbell)
-- <http://www.mimh.edu/PeopleCenters/JeanCampbell/tabid/134/Default.aspx>
- National Association of State Mental Health Program Directors (NASMHPD) (Gayle Bluebird)
-- <http://www.nasmhpd.org/index.aspx>
- National Center for Trauma Informed Care (Cathy Cave)
-- <http://www.samhsa.gov/nctic/>
- National Coalition for Mental Health Recovery (Dan Fisher)
-- <http://ncmhr.org/>
- National Consumer Supporter Technical Assistance Center (NCSTAC)
-- Mental Health America -- <http://www.ncstac.org/>
- National Empowerment Center (NEC) (Dan Fisher)
-- <http://www.power2u.org>

- National Mental Health Consumers' Self-Help Clearinghouse (Joseph Rogers)
-- <http://www.mhselfhelp.org/>
- New York Association of Psychiatric Rehabilitation Services (Chacku Mathai)
-- <http://www.nyaprs.org>
- North Carolina Mental Health Consumers' Organization (Laurie Coker)
-- <http://www.ncmhco.org/>
- Recovery Academy of Grand Rapids, Michigan (Mike Roaleen)
-- <http://www.recoveryacademy.net/>
- The Recovery Center of Hamilton County, Cincinnati, Ohio (Chris Pedoto and Angela Ostholthoff) -- <http://recoverycenterhc.org/>
- Mental Health and Recovery Community Services Board of Hamilton County, Cincinnati, Ohio (Renee Kopache) - <http://www.mhrecovery.com/>
- The Transformation Center (Lyn Legere)
-- <http://transformation-center.org/>
- US Psychiatric Rehabilitation Association (former chair, Peter Ashenden)
-- <http://www.uspra.org>
- ViaHOPE (Dennis Bach)
-- <http://www.viahope.org/>

Pilot Sites and Participants

- 2013 National Peer Specialist Conference (Philadelphia, PA)
- Recovery Center of Hamilton County (Cincinnati, Ohio)
- Community Access (Howie the Harp) in partnership with Kings County Hospital and The University of Medicine and Dentistry of New Jersey (New York City, NY)
- MHA of Rochester Creative Wellness Coalition (Rochester, New York)
- Hutchings Psychiatric Sunrise Recovery Center (Syracuse, New York)
- Harrington and Corcoran Recovery and Retreat Center (Sparta, Michigan)

Preview – September 2012

2012 National Peer Specialist Conference | Philadelphia, PA

90 minute previews of the eight training modules then under development.

*p = participants only | n = total number involved | ** = facilitator*

(p = 69 | n = 72 - Listed alphabetically)

Diana Babcock, Kenneth Blackman, Ph.D., Anthony Buckson, Brian Byerly, Terri Byrne, Cherene Caraco, Deborah Carroll, Sylvia Cottmon, Rita Cronise,** Carla Daugherty, Rocco DelConte,

Rhonda Dennis, Lois Dowell, Koleen Garrison, Daniel Giacobbe, Lisa Goodale,** Paul Grehl, Kimberly Gwinner, Samuel Hargrove, Kathleen Hatos, Joseph Hatos, Yolanda Herring, Carnette Hudson, Dennis Hughes, Melodie Jackson, Sharon Jones, Demetrius Jordan, Deborah Kellis, Edward Kinworthy, Patricia Lee, Lyn Legere,** Karin Lettau, Heidi Levy, Michael Little, Kim MacDonald-Wilson, Donna Macomber-Cassidy, Dwayne Mayes,** Michael McCormick, Timothy Miller, Vicky Molta, Joseph Morgan, Nakia Nedab, Mary Neubauer, Dhanfu O’Kapoku-Agyemann, Michelle Owens, Jennifer Padron, Gary Parker, Alice Pauser, Cazie Perry, Carol Pickens-Strong, Roger Pipkins, Crystal Pritchett, Emily Purvis, Tracey Riper, Sherri Rushman, John Royall, Samantha Sandland, Jason Scolnick, Russell Soehner, David Son, Tina Smith, Ronald Sneed, Anthony Stratford, Pilot Tansy, Michael Uraine, Victoria Vogt, Judith Ann Wahsner, Abraham Walters, Wayne Washington, David Weene, Richard Whitaker, Chris Whittington, Cassandra Williams,

Pilot #1 – November 2012

Recovery Center of Hamilton County, Cincinnati, Ohio

5 day, 40-hour on-site training

(p = 20 | n = 24 - Listed alphabetically)

*p = participants only | n = total number involved | ** = organizers or facilitators*

Mary Bleisch, Michelle Chaney, Rita Cronise,** Bruce Englert, Lisa Goodale,** Kimberly Gwinner, Steve Harrington,** Pat Hayes,** Cindy Heitman, Ken Jones,** Renee Kopache,** David Kreate, Heidi Levy,** Christine Maloff, Angela Ostholthoff,** Scott Page, Donna Peoples, Catherine Pickering, Julie Powers, Stephanie Rich-Ozbun, Jennipher Simon, Holli Thiam, Rose Vogt, and Cindy Volgelsong.

Pilot #2 – March 2013

Recovery to Practice Pilot – New York City

5 day, 40-hour on-site training

*p = participants only | n = total number involved | ** = organizers or facilitators*

(p = 15 | n = 27 - Listed alphabetically)

Dessie Allison, Eric C. Arauz, MLER,** Sarah Brown, Ashley Carrion, Steve Coe,** Rita Cronise,** Deidra Dain,** Jonathan Edwards,** Sara Goodman,** Anthony Gross, Steve Harrington,** Samantha Headley, Yumiko Ikuta,** Antonio Lambert,** Heidi Levy,** Nancy Lewis, Dwayne Mayes,** Leo McKinnis, Eric Nicasio, Noelle Pollet,** Thalia Powell, Nafis Rashed, Latoya Robinson, Vernell Robinson, Colleen Sheehan,** Aronda Vereen, and Joanne Wolff.

Note: This training was a partnership between Howie the Harp Advocacy Center (Parent Organization: Community Access), Kings County Hospital, and the University of Medicine and Dentistry of New Jersey (UMDNJ).

Pilot #3 - May/June 2013

Upstate New York (MHA Rochester Creative Wellness Coalition and the Sunrise Recovery Center in Syracuse)

Extended Session – Held at two sites. Training completed over one month.
*p = participants only | n = total number involved | ** facilitator or organizer*
(p = 38 | n = 52 - Listed alphabetically)

John Adams, David Andrews, Jeri Arcuri, Rebecca Battoe, Evelyn Cammarano,
Ann Canastra,** Lynn Chapman,** Jan Chavan, Sara Colombo,** Marty Connelley,
Rita Cronise,** Kathy Curtis-Rubin,** Robert Dempsey,** Julie Desfosses, Deborah Donohue,**
Jason Erwin,** Bonnie Feldman, Denise Foy, Susan Furey,** Jack Goldstein, Dennis Green,**
John Kelsey, Cynde Kinyon,** Judy Lombard-Newell,** Elizabeth Louer-Thompson,** Karen
Marshall, Betsy McKee, Pamela Moore,** Michael Murphy,** Karen Nelson, Alan Nemerow,
Diane O'Brien,** Noelle Pollet,** Nancy Price,** Karen Rheinstein, Racheal Richardson, Peter
Schafer, Kim Scheurer, Justin Scott, Lisa Silvestri, Sharon Stettner, Susan Sullivan, Steven
Thompson, Guillermo (Willie) Torres, Jr., Paul Tucci, Bryan VanBlarcom, Deresa Walters, Val
Way,** Veronica Weider,** David Welch, and Mary Beth Williams.**

*Note: Weekly on Thursday (Rochester) and Friday (Syracuse) for 4 hours per session. Combined
training – both groups met in a single location on two 8-hr. Saturdays.*

Pilot #4 -- June/July 2013

Sparta (Grand Rapids), Michigan

Two weekend retreat.
*p = participants only | n = total number involved | ** Observer, organizer, or facilitator*
(p = 12 | n = 18 - Listed alphabetically)

Karen Aranjo, Zack Corcoran,** Rita Cronise,** Sharon Hall,** Steve Harrington,**
Eva Kovach,** Heidi Levy,** Brenda Middleton,** Jacque Morrison, Scott Niese,

Joshua Phillips, Noelle Pollet,** Shelley Rebollar, Kathy Roaleen,** Mike Roaleen,** Diann Schutte,**and Cyndy Viars.

Note: Facilitator training pilots of the Recovery to Practice program have been planned and will be acknowledged in future releases of this workbook.